DR EYAS MEDANAT

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GUIDES · JAWLINE & CHIN DEFINITION

Jawline & Chin Filler

Hyaluronic acid filler is placed along the jawline and chin to sharpen the contour and balance the profile. The result shows straight away and settles over two weeks as the swelling goes down.



1 At a glance

PROCEDURE TIME 30–45 minutes	ANAESTHESIA Numbing cream; the filler contains a local anaesthetic	BACK TO WORK Straight away
EXERCISE After 24–48 hours	RESULTS Immediate; final at 2 weeks	HOW LONG IT LASTS 12–18 months

2 Before your treatment

Specific to this procedure

- Tell us if you are pregnant or breastfeeding, have an autoimmune condition, a skin infection or a cold sore, or take blood thinners.
- Avoid aspirin, anti-inflammatory painkillers, fish oil and vitamin E for 7 days, and alcohol for 24–48 hours — unless a doctor prescribed them.
- Arrive without make-up on the treatment area.
- Avoid dental treatment for 2 weeks before and after.
- Men: shave the day before, not on the day.

3 After your treatment

First 24–48 hours

- Swelling, tenderness and small bruises are expected.
- Do not press, rub or massage the area unless we tell you to.
- No make-up for 12 hours.
- No exercise, sauna, steam or alcohol for 24–48 hours.
- A cool pack wrapped in cloth, 10 minutes at a time, helps swelling.

The next 2 weeks

- Sleep on your back with your head raised for the first 2–3 nights.
- Avoid resting your chin on your hand, tight helmets or chin straps, and face-down massage.
- Chewing may feel tender for a few days; choose soft food if it does.
- Avoid laser, radiofrequency and deep facial treatments on the area.
- Small firm areas are normal at first and soften within 2 weeks.

4 Your recovery, week by week

Day 1–3
Swelling and tenderness, most on day 2.

Week 1
Bruising fades; the shape settles.

Week 2
Final result; review if needed.

Call us straight away if you notice

⚠ A hard, red, hot or painful lump that appears days or weeks later.

⚠ Skin that turns white, grey or blotchy, severe pain, or any change in your vision — call us immediately.

⚠ Increasing redness, heat, swelling or pain after the first 2–3 days, pus, or a fever.

⚠ Anything you are worried about — send us a photo on WhatsApp and we will advise you.

⊕ **Chest pain, difficulty breathing, or heavy bleeding that will not stop: call 998 (ambulance) or go to the nearest emergency department, then let us know.**

Questions while you recover — Message or call the clinic any time — no question is too small, and it is always better to ask early. **+971 50 108 8378** (WhatsApp) · info@eyas.doctor

This guide gives general advice. Dr. Eyas may give you instructions made just for you — at your consultation or when you go home after surgery. If his instructions are different from this guide, follow his instructions. If you are not sure, message us. Last reviewed: November 2026.